

**Qwest**  
Health & Welfare Billing Unit  
P. O. Box 23606  
Jacksonville, FL 32241-3606

Qwest Service Center: 800-729-7526  
TDD Number: State Relay

REED ROBERTS  
6484 S ABILENE STREET  
CENTENNIAL CO 80111

06574

December 19, 2008

### Coupon Billing

Enclosed are payment coupon(s) for your Qwest Health & Life benefit coverage. You may pay for your benefits using your coupon or have the funds directly deducted from your bank account, via an electronic fund transfer (EFT). Please choose from the following payment choices:

Please follow these easy steps to ensure prompt processing of your payment.

1. **Submit a personal check or money order.**

**Please follow these easy steps to ensure prompt processing of your payment.**

- Make your payment with a personal check or money order in the exact amount stated on your coupon.
- A payment coupon must be included with every payment. Note: Please submit the entire coupon (detached at the perforation).
- Your payment must match the amount listed on the payment coupon.
- Multiple payments may be combined in a single payment, however you must include the proper number of payment coupons. For example, one check covering six months of payments must be accompanied by the six coupons that the payment represents, and the payment amount must equal the total amount of the six coupons.
- Make your check payment to: **Qwest Health and Welfare Fund.**
- Send your payment and coupon(s) to:  
**Qwest Health and Welfare Fund.**  
**P O Box 7247-0275**  
**Philadelphia, PA 19170-0275**

2. **Sign up to have your contributions deducted from your bank account, EFT.**

- Complete the enclosed debit authorization form and send it in to the address listed on the document. For additional information, please reference the Plan Information /FAQ section on <http://qwestbenefits.inplans.com> or call the Qwest Health and Life Service Center at 1-800-729-PLAN (7526)

Payments are due on or before the due date for each coverage period. The Plan allows a 30 day grace period from the due date during which payment must be received. If you elect to have your contributions deducted from your bank account, you will need to pay for the first month of coverage by sending in a check or money order while your paperwork is being processed. Your EFT form must be received no later than the 15th of the month in order for deductions to begin the following month.

Please note: If your payment is not received by the end of the grace period, your coverage will be cancelled retroactively to the last day of the prior month.

Checks returned for non-sufficient funds, or checks that otherwise cannot be cashed, do not constitute payment. There will be a \$25.00 fee charged for checks returned for non-sufficient funds. Only one non-sufficient funds check will be processed; any subsequent non-sufficient funds check submitted will result in termination of coverage.

If you have any questions or need additional information, please call the Qwest Service Center at 800-729-7526.